

Clinical supervision in early childhood education & care



EARLY CHILDHOOD EDUCATORS' WELLBEING PROJECT

ECEWP researchers have been investigating the potential of clinical supervision to support leaders in early childhood education in two recent research studies.



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In times of natural disaster

Description: A case study of clinical supervision to support early childhood leaders in times of natural disaster

Participants: Interviews with 5 centre directors & their manager in long day care services in regional NSW

- Supervision must be delivered by skilled, trauma-informed supervisors who understand the early childhood context
- Supervision is important in both the immediate & recovery period following natural disaster

Published in: *Australian Journal of Early Childhood*

Intervention evaluation

Description: An evaluation of a clinical supervision program for centre directors

Participants: 71 centre directors surveyed & 46 interviewed plus 15 clinical supervisors interviewed

- Best-practice supervision benefits centre directors' wellbeing, professional practice & growth
- Providing supervision can reduce attrition in early childhood education

Published in: *Cogent Education*



During natural disaster, your world turns upside down ... Those conversations can help you make choices and prioritise.

Centre Director

Without [supervision] I wouldn't be where I am now ... This has led to better outcomes for educators, families [and] children.

Centre Director