

## The Youth RADAR

Name: Date:	
-------------	--

This questionnaire contains sentences about what young people are like. Think about how much each sentence describes you, then **rate yourself on a scale from 1 to 5**, **where 1 means the sentence is 'not at all like me/my life' and 5 means 'very much like me /my life'**.

There are no right or wrong answers – just select the answer which best describes how much the sentence is like you and your life. You should answer every question, even if you are not 100% sure of your answer.

	Not at all like me				Very much like me
1. People at my school care about me	1	2	3	4	5
2. I live in a happy family	1	2	3	4	5
3. I get good results in exams and tests at school	1	2	3	4	5
4. I am a sporty person	1	2	3	4	5
5. I get bullied at school*	1	2	3	4	5
6. I like the way I look	1	2	3	4	5
7. I feel supported by other people in this school	1	2	3	4	5
8. In my family we can trust each other	1	2	3	4	5
9. I get good marks in most school subjects	1	2	3	4	5
10. Compared to other kids I am good at sport	1	2	3	4	5
11. Other kids tease me or call me unkind names*	1	2	3	4	5
12. I like how my body looks	1	2	3	4	5
13. In this school I feel safe	1	2	3	4	5
14. My family argues a lot*	1	2	3	4	5
15. I'm not very smart when it comes to school work*	1	2	3	4	5
16. I am in the sporty group at school	1	2	3	4	5
17. I am not very popular at my school*	1	2	3	4	5
18. I like how my face looks	1	2	3	4	5
19. In this school I feel like I belong	1	2	3	4	5
20. I feel a strong connection to my family	1	2	3	4	5
21. At school my marks are at the lower end of my grade*	1	2	3	4	5
22. I enjoy doing physical exercise	1	2	3	4	5
23. I find it hard to make friends*	1	2	3	4	5
24. I think I am ugly*	1	2	3	4	5
25. I feel free to be who I am in this school	1	2	3	4	5
26. People don't get along very well in my family*	1	2	3	4	5
27. Overall school is just too hard for me*	1	2	3	4	5
28. I like PE classes at school	1	2	3	4	5
29. I am usually on my own*	1	2	3	4	5
30. I wish my body was different*	1	2	3	4	5

## centreforemotionalhealth.com.au

© Centre for Emotional Health, Macquarie University, Sydney, Australia Original Publication: Burns, J. R., & Rapee, R. M. (2016)

The information in this document is not intended as a substitute for professional medical advice, diagnosis or treatment.